



Welcome to the “**Little Tree**” Project!

We are excited to have you join us in this unique learning experience that brings together **Indigenous wisdom, nature connection, storytelling**, and **practical tools** for youth work.




Please, find below all the key information to prepare for your participation.

Training Dates:

Arrival:

-  **Friday, 16 August 2025**
-  Between **14:00–15:00 CET**
-  2 pick-up stops: Luxembourg Airport & City Centre

Departure:

-  **Thursday, 22 August 2025**
-  Between **09:00–10:00 CET**
-  2 drop-off stops: Luxembourg City Centre & Airport

Venue:

Misärshaff, National Youth Scout Centre. Luxembourg. <https://www.misaershaff.lu/>

What Is the Project About?

Project the Little Tree is inspired by the book “**The Education of Little Tree**” (**Forrest Carter**), invites you to walk in the footsteps of a young boy learning from his grandparents the connection to the nature and to himself.

Throughout the week, you’ll explore how nature, storytelling, rituals, and body-mind practices can become powerful tools in youth work and personal growth.

Here’s a taste of what awaits you:

Learning in Nature through guided walks, mindfulness, and outdoor challenges.

Storytelling & Narrative Techniques by exploring traditional and Indigenous storytelling.


Rituals & Symbolic Activities to mark transitions, build community, and support emotional resilience.


Body-Mind Connection by discovering movement, breathwork, and mindfulness techniques.


Creative & Experiential Workshops by using art, writing, role-play, and music.


Peer Learning & Reflection by sharing experiences with others, learn together, and take time for personal reflection.

Accommodation & Meal:

 Participants will be **accommodated in shared rooms** at the **Mishaerhaff Scout Centre**, with **approximately 10 people per room**, grouped by gender.

 **What to bring:** Please bring your **sleeping bag**. Beds and sheets are provided, but blankets or duvets are not.

 **Meals:** All meals (breakfast, lunch, dinner) and coffee breaks will be **fully covered by the hosting organization**.

 We aim to provide healthy, balanced food options. Please inform us in advance if you have any **specific dietary needs or allergies** in the application.

Participant Fee & Application

 **Participant contribution: €50**

 Please complete the **Participant Application Form** by 22nd June 2025. <https://bit.ly/Apply4LittleTree>.

Travel Reimbursement:

Travel costs will be reimbursed **based on Erasmus+ distance calculator/bands**. Please keep **all original travel tickets, boarding passes, and receipts** for reimbursement.

Country	Maximum travel budget	Country	Maximum travel budget
Austria	417 EUR	Poland	309 EUR
Czech Republic	417 EUR	Portugal	309 EUR
France	309 EUR	Romania	309 EUR
Hungary	309 EUR	Slovakia	309 EUR
Italy	309 EUR	Spain	309 EUR
Luxembourg	56 EUR		

What to Bring

- **Food, snacks, or non-alcoholic drinks** from your country for our **International Evening**.
Note: To respect the values and theme of this training, the entire project is alcohol-free. Thank you for your understanding.
- **Good mood, curiosity and open mindset.**

☼ Who Is Behind the Project?

Cubic (founding organization) and ATSL (hosting organization)

Funded by the Erasmus+ Programme of the European Union.

Our trainers:



Dr. Michael Lickers is a well-known Kanien'keha:ka, Haudenosaunee educator from Six Nations of the Grand River in Canada. Michael is an Adjunct Professor at Royal Road University in the School of Leadership, Associate faculty in the College of Interdisciplinary Studies, MA in Climate Action Leadership, School of Environment and Sustainability and serves as the Indigenous Scholar in Residence. Michael has recently retired after years of service from his role as Specialist in Indigenous and Community Relations. A Founder and past Executive Director of the Ghost River Rediscovery program, Michael has over 30 years of experience in leadership, cultural outdoor education, community development and youth leadership development. He has published several articles on Indigenous epistemology, Indigenous youth leadership, international Indigenous youth programs, non-profit management, community development and Indigenous methodology.



Bara Rodi – an experienced trainer, facilitator, medical doctor, and psychotherapist based in Prague, with more than 15 years of experience in education. She works with schools, universities and companies on all topics related to health and wellbeing. She is the author of a very popular Teacher Academy course Stress Relief and Wellbeing for Teachers. Bara is passionate about interactive education and non-formal education methods. She further honed her trainer skills through the prestigious Training of Trainers (ToT) program organized by Salto in 2010/11 and has been actively involved in international youth work ever since.



Petra Kalocova – is a passionate leader in the People Function, experienced social worker, facilitator, and psychotherapist, with over 15 years of expertise in learning, development, and mental well-being. She specializes in guiding transformative change and therapeutic journeys rooted in Pesso Boyden System Psychomotor (PBSP) and The Journey, with a focus on awakening and liberating the infinite potential within each individual.